

- MAIN DISHES -

Lamb with stamnagathi (500gr)
lamb shank and chicory in lemon sauce
16,80 €

 **Marinated grilled chicken**
organic chicken with three-grain risotto and parsley oil
9,80 €

 **Butcher's steak (1kg)**
large charcoal grilled marinated organic pork steak served with its pancetta.
It is accompanied with country style potatoes, grilled vegetables
and homemade barbecue & mustard sauce
18,80 €

 **Sea bass filet**
with stewed greens
14,50 €

 **Cavo burger**
with 100% veal mince, bacon chips, egg, graviera cheese
and barbecue sauce
11,50 €

 **Salmon filet**
with beetroot puree and broccoli
14,80 €

 **Flanken style beef ribs (500gr)**
beef short ribs accompanied with roasted potatoes, mushrooms,
garlic, rosemary and lemon thyme
17,50 €

Local food producers:



Organic Product
Certification



EU Organic
Farming



Organic
Products



European
Vegetarian Union

Assorted Cretan bread platter, homemade bread, barley rusk and carob rusk - per person 1,50 €

Our meat and fish are grilled

* Frozen products

Please let us know if you have any food allergies or intolerance
Restaurant manager, Nikos Kechagiadakis




- STARTERS -

Soup of the day
6,80 €

 **Trilogy of traditional dips**
tarama, tzatziki and tirokafteri
6,80 €

 **Fava garnished**
with fresh and dried onion, radish, cherry tomatoes and fine herbs
6,20 €

 **Roasted eggplant salad**
with marinated tomatoes, garlic, parsley oil and pine nuts
6,50 €

 **5 fresh mushroom dish**
with smoked meat, garlic, lemon, tomato, hazelnut praline
and graviera cheese flakes with fine herbs
8,50 €

 **Crunchy graviera cheese bars**
graviera cheese from Amari covered with musli. Served with thyme honey
and sesame
7,80 €


Pot-roast veal
in a bread crust
8,50 €

 **Pork fricassee**
organic pork with egg-lemon sauce
7,80 €

 **Spicy dish**
with organic sausage marinated in vinegar and egg
7,80 €

 **Grilled goat's cheese**
with cherry tomatoes and basil pesto
7,50 €

Grilled octopus*
12,50 €

 **Pork sausage with chicory**
(handmade from organic pork)
8,50 €



Wood oven roasted vegetables

seasonal grilled vegetables with olive oil and balsamic vinegar
7,50 €



"Constantinople" warm salad

warm salad with cabbage, organic chicken sausage, petimezi, balsamic vinaigrette, cherry tomatoes and galomizithra cheese
8,50 €



Orzo pasta with octopus*

with Florina peppers, tomato sauce, rocket and Cretan herbs
7,50 €



Tomato fritters

made with grandma's secret recipe
5,80 €

Symi shrimp*

or crispy little fresh fish (if available) in a graviera cheese nest and homemade mayonnaise aioli
7,80 €



Potato chips

finely cut potato fried in virgin olive oil, with spicy feta cream flavored with oregano and paprika
5,20 €

Shrimps cooked on bricks*

with garlic, smoked meat, tsikoudia flavor and tomato sauce with graviera cheese
12,40 €



Cretan Dakos

with galomizithra cream and diced tomatoes aromatized with oil and oregano
6,80 €

Seafood bruschetta*

seafood with marinated tomato, chili pepper and aioli sauce
8,50 €

- SALADS -



Rethymnian

with feta, galomizithra cheese, Cretan rusk and extra virgin olive oil
8,70 €



Rocket

with poached pears in red wine, kataifi and gorgonzola cheese
8,80 €



Minos and Caesar

Cretan Caesar salad with shrimps, smoked meat from organic chicken, crouton from country bread and aged graviera cheese
11,80 €



Spinach

with tomato slices, sun-dried tomato, crouton, pistachio, graviera cheese, egg and peanut butter sauce
9,80 €



Stamnagathi

chicory with organic vegetables from our garden
9,50 €

- PASTA and RISOTTO -



Linguine with organic chicken

9,80 €



Fresh tagliatelle

with smoked meat from organic pork, in a fresh tomato sauce with basil served in an aged graviera cheese wheel
10,80 €

Cuttlefish risotto*

black risotto with cuttlefish flavored with fennel and its ink
12,80 €



Homemade ravioli

handmade ravioli with anthotiros cheese sauce and wild mushrooms
11,40 €

Shrimp spaghetti*

12,50 €

Orzo pasta with veal

veal cubes, sun-dried tomato, fresh onion and parmesan
13,60 €



Three-grain risotto

with mushrooms and truffle oil
10,80 €



Vegetarian Pasta or Risotto

with eggplant, carrot, zucchini, fresh onion and basil pesto
9,80 €